

Sunday Cottage Access Guide

Introduction

Sunday Cottage is located in the village of Grosmont, some 7 miles from the centre of Whitby. The property is fully fitted to a Tourist Board assessed 4 star gold standard. The ground floor comprises a lounge, kitchen/dining room, and a disabled accessible bedroom with en-suite wet room. On the first floor there are two en-suite bedrooms, one being a double bedded room ensuite with a shower and the other a twin bedded room en-suite with a bath with shower over.

Sunday Cottage has one car parking space which is clearly marked with a blue badge sign. The property is accessed from the car park by either the access ramp or the 9 steps at the side of the ramp. Once you are at the top of the ramp, Sunday Cottage is to the rear of Limber View.

We look forward to welcoming you. If you have any queries or require any assistance please phone 01947 811045 or 07860 881882 or email rod.hodgson1@btinternet.com

Pre-Arrival

Address

- Sunday Cottage, Ings Terrace, Grosmont, Whitby, YO22 5ES
- Ings Terrace is off Front Street, halfway up the bank, on the left when you leave Grosmont railway station.
- Front Street is a steep road with a gradient of 25%. Ings terrace has a 1 in 10 incline.
- Grosmont station is the northern station on the North Yorkshire Moors Railway and also on the national railway Esk Valley Railway line.
- The nearest bus stop is at the railway station and is the Esk Valley hopper that travels hourly from Whitby through Grosmont to North Yorkshire Moors National Parks Centre at Danby.
- Our local accessible taxi company is Abbey Taxi's on 01947 600600 or 01947 600606
- There is no public phone at Sunday Cottage. Vodafone reception is good but other mobile networks are very limited.

Car Parking and Arrival

- Sunday Cottage has a parking space for one car which is designated with a sign. If you bring more than one car, we would respectfully ask you to park the second vehicle in the public car park at the railway station or further down the village and respect the parking on Ings Terrace which is for the local residents of Ings Terrace only.
- From the car park area go up Ings Terrace to the bottom of the access ramp, a distance of 11.5 metres.

- We are sure that the residents of Ings Terrace would not mind using the ramp base as a dropping off point. Please park your car as soon as possible after dropping off.
- The access ramp to the main level patio area is 19 meters long, with a 1 in 12 gradient. 10 metres up there is a half landing which forms a 180 degree turn.
- At the top of the ramp turn 180 degrees right onto the main patio level, then travel past Limber View and turn left. Sunday Cottage entrance is 25 metres from the top of the ramp.
- The outside area has a light that is on a timer.
- On confirmation of the booking we will supply you with how you can collect the entrance key for the property

General

- All the light switches and sockets on the ground floor have been placed at a wheelchair accessible height.
- The upstairs bedrooms and staircase have securely fitted carpet. The rest of the property has wood effect floor tiles. The ground floor bedroom en-suite wet room has a specialist non-slip tiled floor.
- All the rooms are well lit with ceiling mounted lights using LED low energy bulbs.
- Sunday Cottage is heated by underfloor heating and is controlled by room thermostats. The system takes a little while to heat up and start giving off heat so we recommend small thermostat adjustments.
- There are instructions for most of the appliances in the property in the information folder which is in the living room.

Entrance porch

- Sunday cottage entrance door has a clear opening space into the entrance porch of 90cm.
- The porch can be used to store and charge a mobility scooter (please bring your own charger).
- There are also coat hooks in this area for hanging your outdoor coats.

Living space

- The ground floor disabled bedroom is accessible by the sliding door at the far right hand side of the lounge away from the entrance door.
- The bedrooms are accessed via the staircase which has 18 steps.
- The staircase is lit with tread lights that are turned on by the light switch on the left hand side of the bottom stair and on the right hand wall at the top of the stairs on the landing.
- These switches are marked 'press'. Pressing them switches the lights on or off.
- There is also a wheelchair accessible staircase light switch below the thermostat in the lounge, so any wheelchair bound person can operate the lights if they have been inadvertently left on.
- The living area is lit by track spot lights and table lamps.

Kitchen

- ***We would regretfully like to point out that the kitchen area at Sunday Cottage is not to M3 accessible standard***
- The worktop height is 92 cm
- The electric oven has a drop down door and the controls are set at a height of 115cm
- Above this is the combination oven/microwave with the controls set at 147cm from the floor.
- The sink is at work top height with a dual lever tap.
- There is a free standing fridge/freezer with the freezers' lowest draw at 32cm from the floor and the fridges' highest shelf is 143cm from the ground.
- There is an under counter washer/dryer.
- A 10 place setting dishwasher is also under the worktop
- A starter amount of dishwasher tablets, rinse aid and dishwasher salt as well as washing up liquid is provided under the sink.
- The extractor fan is above the hob at 167 cm from the floor
- The hob has a safety locking system which operates and alarms if anything is placed on the hob. This is switched off by touching the padlock symbol that is lit.
- The main control switches for all these appliances are located in the adjacent cupboards to the corresponding appliances.

Dining area

- There is a table which is 76 cm from the floor with a clear space from under the table top to the floor of 73cm
- The seating is reclaimed from the original Chapel pews and the seating height is 44 cm from the floor
- Please do not lift the pew benches by their decorative brass fittings on the ends. These were once umbrella holders. The pews are very heavy and umbrella handles are very weak!

Lounge Area

- The television is a digital Freesat unit, so not only can you get TV channels you can also get some digital radio stations. It is operated by remote control. Sub-titles are also available on this television.
- We have also provided a remote controlled DVD player on which you can also play your own musical CD's or DVD's
- There is a three seater settee, a chair and a raise and recline chair
- A coffee table is provided along with a range of side tables

Ground floor disabled bedroom

- Access is through a sliding door with an opening space of 85cm
- We are more than happy to give you an introductory tour of the facilities we have provided for you.
- The single bed is a Bakare Nursing bed with height adjustment, head and foot ends which raise electronically and is totally moveable.
- The furniture is on castors so is also totally moveable.
- The red cords from the ceiling in the bedroom and bathroom are for the nurse call system. If pulled, an alarm is sounded on the staircase. The reset button is situated on the left hand wall as you enter the bedroom from the lounge.
- The main bedroom lights can be accessed from either the bedside or the left hand wall as you enter the bedroom from the lounge, or also as you exit the wet room, on the right hand bedroom wall.
- The roof window blind is operated by using the remote control
- The Guldmann tracking system has a safe working load of 200kg. As you will realise, you will have to provide your own sling. The trolley needs to be at the bedroom end of the track to enable it to charge.
- The television is remote controlled with sub-titled availability.
- The door into the wet-room has a clear opening space of 80cm.
- The window is an escape window.
- The main lighting is provided by ceiling track LED lights and there is also a bedside light

This bedroom is en-suite with a wet-room

- The washbasin height is 74cm, with grab handles either side and mirror above.
- The tap is a solo single lever that swings from cold to hot
- The toilet seat is 50cm from the floor and has a drop down handle either side.
- The shower height can be altered from 123cm to 196cm from the ground.
- The controls are mounted 84 cm from the floor.
- There is a mobile Invacare Aquatec shower/commode chair with brakes.
- The window is an escape window.
- Track lighting and LED lights around the washbasin mirror. There is a sensor in the middle of the lower edge of the mirror, which turns the light on or off. The light also goes out when you turn off the main light switch.
- The floor tiles are a specialist non-slip tile

Bedrooms

Double Bedroom

- Door width is 70cm and is a fire door equipped with intumescent strips for your enhanced safety.
- The bed is a double size bed (4 ft 6 inches).
- Bed height of 66 cm from the floor to the top of the mattress.

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- The wardrobe rail is 174cm from the floor
- The room is lit by ceiling mounted LED lights with bed side table lights.

The bedroom is en-suite with a shower room

- Door width 71cm
- The shower enclosure measures 95cm x 75cm with an opening of 44cm
- It has a 20cm raised lip into the shower
- Toilet seat height 41cm
- The sink is on a pedestal at a height of 83cm
- The tap is a single lever tap
- The floor is tiled with a good colour contrast to the tiled walls.
- The lighting is supplied from track lighting with a mirror light which is equipped with a de-mister pad and shaver socket. This is turned on by passing your hand underneath the mirror and turns off when you turn the bathroom lights off.
- There are no handrails or supports.
- We provide white towels and bath mats.

Twin bedroom

- Door width is 70cm and is a fire door equipped with intumescent strips for your enhanced safety.
- The beds are single size bed (3foot).
- Bed height of 66cm from the floor to the top of the mattress.
- The bedside tables are 67cm high
- The wardrobe rail is 174cm from the floor
- The room is lit by ceiling mounted LED lights. one bed has a bedside table with a light and the other has a wall mounted reading light.

The bedroom is en-suite with a bathroom

- Door width 71cm
- The bath is 1700mm long
- The bath rim height is 55cm from the floor.
- Toilet seat height 41cm
- The sink is on a pedestal at a height of 82cm.
- The taps are single lever taps.
- There is an overhead shower above the bath, with a glass screen.
- The floor is tiled with a good colour contrast to the tiled walls.
- The lighting is supplied by track lighting with a mirror light which is equipped with a de-mister pad and shaver socket. This is turned on by passing your hand underneath the mirror and turns off when you turn the bathroom lights off.
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Cupboards

- The tall cupboard in the kitchen next to the oven stores the iron and ironing board, ailer, vacuum, sweeping brush and mop and bucket

Patio area

- There is a bench and table on the patio area outside the front door which is for your sole use.

Safety

- Sunday Cottage has both smoke and heat detectors with alarms. They are tested regularly and should not be ignored unless you burn the toast.
- The main water stop tap is under the kitchen sink.
- The electric system is checked yearly by a qualified electrician.
- The main electrical distribution board is in the cupboard under the television. The electrical circuit breakers can be re-set here, but please do not reset a breaker more than three times. If a circuit breaker keeps tripping, please contact the owners or the booking agents and we will get an electrician to attend the property as soon as possible.
- All the small electrical appliances that are not hard wired are either new or are PAT tested yearly.
- The property is non-smoking throughout.
- A Fire Blanket is provided and is located next to the fridge-freezer.
- The First Aid Box can be found on top of the fridge-freezer.
- A Torch & Fire Extinguisher are located on the left hand windowsill at the bottom of the stairs.
- All the opening windows on the ground floor and first floor are classified as fire escape windows.
- The ceiling hoist is serviced and certified yearly by Arjo.

Please don't

- Play ball games on the patios, or the parking area. There is a sports field at the far end of the village (past the station, under the railway bridge and on the left). There is a fenced tennis court, football pitch in autumn/ winter and a cricket pitch in the summer.
- Use the road at the rear of the properties on Front Street, leading down to the station. It is a private road, and the people that own it have requested that we ask our residents not to use it in a motor vehicle but access by foot is permitted.
- Bring your pets, they are **not** allowed in Sunday Cottage.

Please do

- Enjoy your holiday in Sunday Cottage.
- Report any problems you have, so that we can sort them as soon as possible to enhance your stay and our customers that follow you.
- Write your comments in our visitor book. Use as much space as you like. Tell us and future customers what you enjoyed during your stay with us, not only at Sunday cottage but also around and about the area. This feedback helps us continuously enhance our future customers experience.

Contact information

Address: Sunday Cottage, 45 Long Terrace, Croxall, Whitby, North

Address :- Sunday Cottage, 10 Ings Terrace, Grosmont, Whitby, North Yorkshire, YO22 5PG.

Grid Reference:- NZ 830002 05313

Owners contact details:- Rod & Jill Hodgson, 01947 811045
Rod's mobile, 07860 881882

Local Accessible Taxi's 01947 600600 or 01947 600606